



1. One of the patients on the ward has been diagnosed with TB and is under airborne precautions. The doctor has instructed the patient to have sputum samples taken to rule out the possibility of infection. How often should the nursing assistant go out and collect the samples?

- A. Before meal
- B. After meal
- C. First thing in the morning
- D. The last thing the patient does before going to sleep.

2. There is masturbation in a patients room when a nursing assistant enters the room. This action is correct, but which one is it?

- A. Tell the patient he must be embarrassed by himself and chastise him.
- B. To ensure the patient's privacy, leave the room.
- C. Notify the on-call nurse of the incident.
- D. Inquire as to why the patient is torturing himself in this manner.

3. A very upset patient is being cared for by a nursing aide. In addition to screaming and biting employees, she rants and screams at everyone in the room. The nurse's aide should do as follows:

- A. safeguard the safety of the client by using restraints
- B. Speak to the customer in a neutral & authoritative tone.
- C. Distract the customer with a television show.
- D. When it is essential, lend assistance.



4. A dying patient confides in the nurse and has started praying at night. "If I pray each night, God will forgive me," says the customer. Which of the following stages of the grieving process does this represent?

- A. Acceptance
- B. Bargaining
- C. Denial
- D. Anger

5. Moving an immobile person from the bed to a chair, which one of the below assistance devices would have been the most helpful?

- A. Mechanical lift
- B. Draw sheet
- C. Gait belts
- D. Wrist restraint

6. The nursing assistant prepares a patient's bed bath in this scene. The nursing assistant discovers that the patient has a catheter in place before she begins to massage their back. To prevent the catheter from being pulled while the patient is bathing, where should the nursing assistant place it?

- A. To the patients left side of the thigh.
- B. To bed sheet
- C. To medial aspects of patient's thigh.
- D. To bed



7. A patient has recently learned that his wife has passed away. To the nurse, he says, "I can't believe this has occurred. What should I do? Without her, how am I supposed to function in the world?" When asked, the nurse's aide reacts best by saying:

- A. To deal with this loss, you'll need extra time.
- B. "I'm sorry to hear that you're in so much agony." "I'll stick by your side."
- C. Everybody will have to deal with something like this at some point."
- D. Has your marriage produced a child?

8. When a patient has experienced a right-sided stroke, a nursing aide helps them wash. Which one of the following best supports the patient's ability to maintain their health and well-being?

- A. As far as feasible, allow patients to participate in the bathing process.
- B. Find out what the patient wants to accomplish.
- C. To save his energy, be sure to take him through the complete bathing procedure.
- D. Be supportive of the patient's efforts to clean himself.

9. A patient emerges from their room to report that they've had a burn on their leg after slathering their leg with soup. The skin seems red and blistering. She understands it's time to call in the help.

- A. superficial burns
- B. partial thickness burns
- C. total thickness burns
- D. serious burns.

10. These procedures are best for a person who hasn't had a bowel movement in four days.

- A. Endoscopy.
- B. Colonoscopy.
- C. Catheterization
- D. Enema



11. In accepting their limits, nursing assistants demonstrate one of the following personal characteristics?

- A. Caring's
- B. Depend abilities
- C. Accountabilities
- D. Honesties

12. Is any of the following not a kind of communication?

- A. Speaking
- B. Asking open-ended questions
- C. eye contacts Avoiding
- D. Clarifying that what you listen

13. To transfer or release a patient, how long must the institution give the resident or the resident's representative time to make their own decision about the transfer?

- A. Within Seven days
- B. Within Fourteen days
- C. Within Thirty days
- D. Within Sixty days

14. Except for Parkinson's disease, an old patient, may be impacted by all the following. but not:

- A. Being able to stand
- B. Ability to bend one's knees
- C. capacity to move
- D. flexibility in one's approach to learning



15. Among those 85 and above, what is the most common reason for their demise?
- A. Injuries linked to falling
 - B. Cancer
 - C. Strokes
 - D. Hypertension
16. Choose the answer that most accurately depicts MRSA.
- A. Viral skin disease that causes nerve damage
 - B. Tiny mites infesting the skin may create a rash.
 - C. Bleeding and seeping skin caused by a bacterial infection
 - D. Skin illness that spreads into the bloodstream and may be fatal
17. When washing a patient, which one of the below is not a primary skincare purpose?
- A. Maintain appearance & promote sleep
 - B. Remove body sweat & reduce oiliness
 - C. Promote comfort & remove pathogens
 - D. Improve circulation & inspect the skin
18. Every four hours, you're tasked with providing oral care to an unconscious resident. Which one of the below best describes how you should give dental care to this patient?
- A. The patient's dentures should be cleaned, and their mouth & mucous membranes.
 - B. Swabs should be used to clean the mouth & mucous membranes of patients with head injuries.
 - C. Brush the patient's teeth by gently opening their mouth.
 - D. Before using authorized oral care equipment on a patient, be sure to get their consent first.



19. What part of the patient's body would you use to take their radial pulse if you were asked?

- A. Neck
- B. Behind ear
- C. Apex
- D. Wrist

20. Recording the observations of a patient is crucial; however, you should avoid the following:

- A. Sign name
- B. Scratch out a mistake
- C. Make correction
- D. Use red inks



1. **Correct Answer: C** - The sputum generated when a person wakes up is the densest and most accurate.
2. **Correct Answer: B** - Masturbation is a natural part of a healthy sexual life. To respect the client's privacy and dignity, try to leave softly.
3. **Correct Answer: B** - A calm, non-threatening tone may soothe an anxious customer. To restrain someone who is only bewildered and can be calmed down is not the best use of restraints.
4. **Correct Answer: B** - This patient is pleading with the doctor to "pardon" him so that he can get well. In the mourning process, this is a natural occurrence.
5. **Correct Answer: A** - For those who cannot walk or have limited mobility, the mechanical lift must be employed. Immobile residents should never be lifted with a gait belt, but those who are PWB or FWB may.
6. **Correct Answer: A** - If you want to avoid any discomfort when bathing, you should secure the catheter in this position on the patient's leg.
7. **Correct Answer: B** - This is the ideal response since it accurately depicts the patient's experience (pain) and remains with him throughout the procedure to provide comfort.
8. **Correct Answer: A** - The patient should do as much bathing as possible, with the nursing assistant stepping in to aid as needed.
9. **Correct Answer: B** - A half-thickness burn is what this term denotes. Compared to a superficial burn, a complete thickness burn looks waxy and white and is distinguished by blotchiness of skin rather than blistering.
10. **Correct Answer: D** - Fecal waste should be flushed out of the patient's system before being affected.
11. **Correct Answer: D** - Acknowledging one's limits, being aware of the job's responsibilities, and taking responsibility for one's actions are all examples of honesty in a nursing assistant. To be caring, one must have a genuine concern for the well-being of the patients and a commitment to concern for and about them. As a healthcare provider, your company expects and relies upon your reliability. If you are held accountable for your work performance, then you are capable of discussing any issues you have confidentially with your direct supervisor.



12. **Correct Answer: C** - It is necessary to talk to communicate verbally. You must talk to communicate coherently, ask open-ended questions, and explain what you've just heard; consequently, they are all verbal communications. Nonverbal communication is a kind of communication; however, avoiding eye contact is a nonverbal form. There are several ways to communicate nonverbally: crossing your arms, squinting your eyes, and even smiling.

13. **Correct Answer: C** - Within 30 days after deciding to transfer or release a patient, the facility must inform the patient or the patient's agent. In 1973, the American Hospital Association produced a "Patient's Bill of Rights," Followed by the "Resident's Bill of Rights" in 1974. Patients may be transferred or discharged solely for medical reasons, for their well-being or other patients, or if the facility has received inadequate money. as stipulated by the law.

14. **Correct Answer: D** - Muscle tremors and arthritis may lead individuals with Parkinson's disease to have long-term health issues, which can impede their capability to stand, walk, or stoop. Falls in patients with limited mobility are more likely to result in injuries requiring hospitalization. However, neither Parkinson's disease nor the natural course of aging impairs a senior's learning capacity.

15. **Correct Answer: A** - For those 85 & older, fall - related injuries are the leading cause of mortality: for those 65 & older. they are the second leading cause of death. Elderly people's vision deteriorates with age, making nighttime navigation more challenging. In addition to their mobility being affected by age, elderly people are more likely to fall because they are less steady on their feet.

16. **Correct Answer: D** - This life-threatening skin illness spreads via the bloodstream and may be fatal if left untreated. MRSA is a contagious illness that, if left untreated, might infect the whole resident population of a nursing home. Scabies seems to be a skin condition characterized by a rash spread by small mites on the body's surface. Shingles are a skin infection caused by a virus that spreads to the patient's nerves.

17. **Correct Answer: C** - When washing a patient, the primary aims of skincare are to alleviate discomfort and eliminate germs. Because our skin generates less oil when we age, washing does not help lessen an oily patient's appearance. In terms of aesthetics, removing sweat, and improving circulation, bathing does assist patients in staying clean. The nursing assistant might check the patient's skin while bathing them.

18. **Correct Answer: B** - To care for a comatose patient, the patient must be unable to consent or help. When swabbing a patient's mouth and mucous membranes, you should always make sure the patient's head is moved to the side (to avoid the patient from aspirating). The mouth is the primary way comatose patients inhale and exhale; thus, they must get regular oral hygiene treatments to maintain their mouths clean and well-hydrated



19. **Correct Answer: D** - The radial pulse may be felt on a person's wrist. The apex is where the apical pulse may be heard. In the case of cardiac disease, it is recommended that the patient's radial pulse be monitored for at least one minute. It is recommended that you listen to the patient's heartbeat for at least a minute before taking an apical pulse reading

20. **Correct Answer: D** - When writing down your observations on a patient, avoid using red ink. When taking notes on a patient, you may only use black or blue ink. All submissions must be signed with your name and the person who made them. It is OK to make errors; nevertheless, you should not erase or use a wet eraser to remove them.